

Demystifying Al

Prof. Dr. Wim Vanderbauwhede

Part I: Generative AI (GenAI) VS Machine Learning (ML)

Artificial Intelligence (AI)

- Marketing term
- Is not intelligent:
 - Doesn't think
 - Doesn't reason
 - Doesn't know right from wrong
- But algorithms don't need intelligence

Artificial Intelligence (AI)

Generative Al (GenAl) Machine Learning (ML)

Generative Artificial Intelligence (GenAI)

- Aka Large Language Models (LLM)
- Generates new information
- Best known: ChatGPT, CoPilot, Zoom Al Assistant

Generative Al

- General purpose best-guess machine
- Trained on very large amounts of data
- The model calculates the most likely response to your prompt/input
 - combines information snippets
 - so it's essentially pick and mix

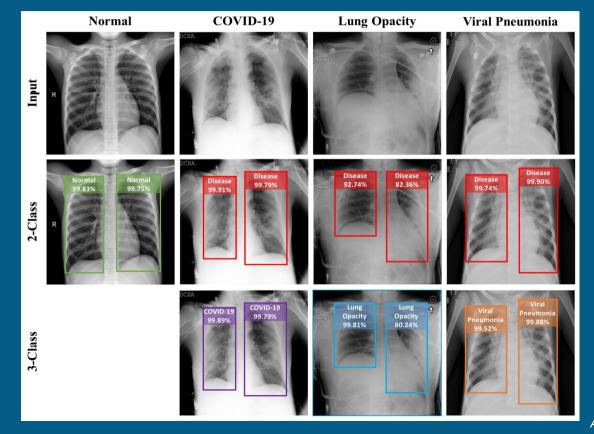
Examples of Generative Al

- Text generation: ChatGPT, Claude, Copilot, Zoom AI assistant
- Image generation: ChatGPT, StableDiffusion, Midjourney, Adobe FireFly, ...
- Video + audio generation (deep fakes): ChatGPT, Google Gemini, ...

Machine Learning (ML)

- Does not generate new information
- For specific applications
- Typical example: medical imaging

- Composite X-ray image with Yes (prob)/No
- Not generative



GenAl versus ML

 Machine learning: high accuracy for a specific task

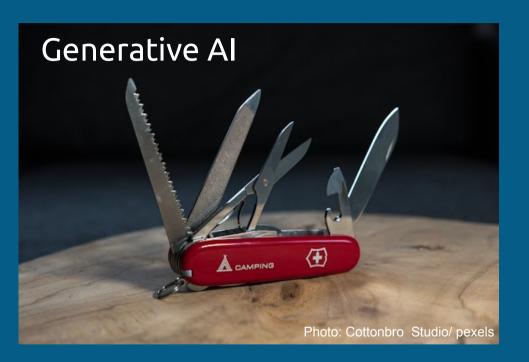


 Generative AI: inherently inaccurate



More examples of machine learning

- Transcript, auto captions, machine translation
- Medical: diagnosis, X-ray/MRI analysis, ...
- Cybersecurity: intrusion detection, ...
- Power management: laptops, phones, servers, etc.
- Renewables: better predictions
- Agriculture: improve yield





Part II: GenAI-based tools



How do GenAI tools work?

- Make the most likely guess based on data it has been trained on and prompt
- No intelligence
- No intent
- No notion of correctness

How do GenAI tools work?

- No "hallucinations"
 - These are not errors
 - It's just how the best-guess machine works: inappropriate best guesses
- Confident but often wrong
 - The perceived confidence is our interpretation

GenAl for summarizing text

- Doesn't summarise but shortens not based on meaning but on similarity of words
- May replace crucial words or add points that are not in the original
- Studies show poor performance:
 - BBC conclusion: unable to accurately summarise news
 - Australian government study: much worse than humans at summarizing

Real life example

- Friend used GenAI used to summarise a council document on housing policy
- At first sight, summary seemed fine
- Detailed review showed many problems, e.g. GenAI tool replaced "rent" with "buy" + added points not in the document

Data leakage via GenAI tools



"EXTREMELY SENSITIVE CONVERSATIONS"

ChatGPT users shocked to learn their chats were in Google search results

OpenAI scrambles to remove personal ChatGPT conversations from Google results.

ASHLEY BELANGER - 1 AUG 2025 18:21



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Data leakage GenAI tools

- Serious risk if using confidential/sensitive data
- Data you enter can show up in other people's chat responses
- Data shared with companies providing the GenAl service

GenAl for researching

Tools like ChatGPT are unreliable for researching a topic:

- Invents sources
- Cites non-supporting sources for claims
- Misses angles
- Is biased

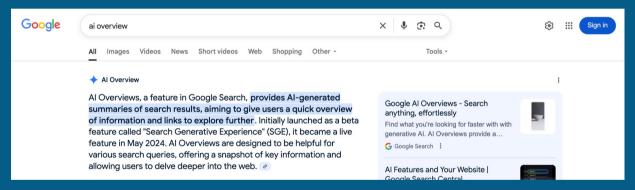
(Klaudia Jaźwińska, Aisvarya Chandrasekar, Columbia Journalism Review, 2025)

Real life example

- Masters student dissertation with Algenerated sources
- Looked superficially convincing
- On closer inspection, none of the sources existed

GenAl in search engines

"Al overview" is not a search summary but an Al generated output



- Combines several sources but not based on understanding, often wildly inaccurate
- Environmental impact: 100x more energy than the search itself

Real life example

- Searching information about Lyme disease
- Al overview mixed information from US and UK Lyme disease
- But UK strain of Lyme is different from US strain
- Result was dangerously incorrect information because clinical manifestations of Lyme disease involving the skin occur exclusively in infections acquired in Europe



Productivity studies

- When experienced software developers used GenAI tools, work took 19% longer to complete (METR study, 2025)
- MIT report: 95% of generative AI pilots at companies are failing (MIT project NANDA report, 2025)

NEWSLETTERS CFO DAILY

MIT report: 95% of generative AI pilots at companies are failing



BY SHERYL ESTRADA

SENIOR WRITER AND AUTHOR OF CFO DAILY



August 18, 2025 at 6:54 AM EDT





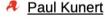




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PUBLIC SECTOR

UK government trial of M365 Copilot finds no clear productivity boost



Kunert Thu 4 Sep 2025 // 09:15 UTC



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As Klarna flips from AI-first to hiring people again, a new landmark survey reveals most AI projects fail to deliver







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TOP OF MIND

Gen Al: too much spend, too little benefit?

Jun 27, 2024

Productivity

- What are you missing out on with GenAl tools?
 - Creative thinking
 - Knowledge
 - Focused work

(Hamsa Bastani et al, 2024)

- Fast and easy but inaccurate
- Problems later down the line





Part III: Ethical issues



Theft of work/content

- "Companies like Meta and OpenAI are hoovering millions of copyrighted books, songs and films into their AI tools without permission" (The Good Law Project)
- A court ruled that Anthropic's downloading of millions of books from the pirate websites was theft
- Any work without a permissive license or in the public domain is "all rights reserved", using it for GenAI training is theft

Theft of work/content









LEGAL



Anthropic to pay at least \$1.5 billion to authors whose work it knowingly pirated

Expect more 'slush funds' of this sort, analyst tells *El Reg*

Simon Sharwood

Mon 8 Sep 2025 // 05:32 UTC

GenAl for summarizing text

Important misunderstanding:

"When summarising my text, GenAl is not using others' work"

This is false – the summarising GenAI tool was trained using others' stolen content

Applies to e.g ChatGPT, AI notetakers, ...

Need for data workers

- GenAl can only generate images or video if the training data have been manually selected and labeled, image per image
- This is labour intensive so it is done by armies of low-wage workers in Africa (less than \$2/hour)

Harm to data workers

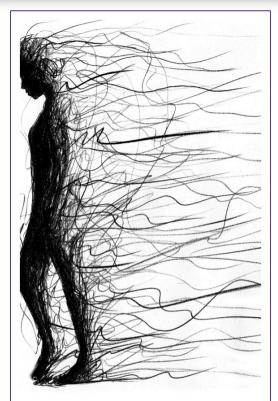
- A lot of the content GenAI is trained on is harmful: child pornography, extreme violence
- Workers are constantly exposed to this harmful content
- Many are traumatised as a result this is the new colonialism



The African Women of Content Moderation

by Botlhokwa Ranta

This zine sheds light on the experiences of women, mothers, and migrants working as content moderators at Sama.



Mental Health and Drug Dependency in Content Moderation

by Fasica Berhane Gebrekidan

Exploited by subcontractors like Sama, Meta content moderators in Nairobi face psychological trauma and silencing.

psychological trauma and silencing

Data Workers' Inquiry (data-workers.org)

Biases

Biases in training data cause biases in results

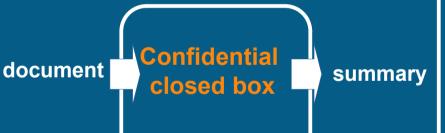
Examples

- Policing: AI-driven law enforcement amplifies existing biases, particularly against minorities, replicating and intensifying systemic racism (Amnesty International, 2025)
- Hiring with AI:
 - Discrimination against women (Amazon)
 - Discrimination against older applicants (iTutorGroup)

Summarizing text: Culmination of several issues

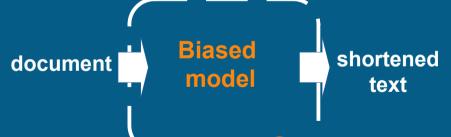
Perception

ChatGPT, AI notetaker, etc



Reality

ChatGPT, Al notetaker, etc



Built on stolen content Using exploited workers



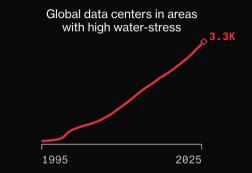
Wim Vanderbauwhede

Environmental issues

- Already, GenAl data centres cause more emissions than the entire aviation industry
- The current trend in GenAI means no other emissions are allowed to keep to 2°C warming
- Data centres also use huge amounts of water: Google's data centres consume 8,000 olympic swimming pools per year



The Al Race: US Versus China | China's Al Desert Empire | Open-Source Models | Apple's Struggles | Microsoft's Balancing Act



AI IS DRAINING WATER FROM AREAS THAT NEED IT MOST

By Leonardo Nicoletti, Michelle Ma and Dina Bass for **Bloomberg Technology** + **Green** May 8, 2025





Part IV: Societal impact



Impact on knowledge work

- Impact on ability to learn and innovate (Hamsa Bastani et al, 2024)
- Poisoning of knowledge "oil spill in our information system"
- Compromises learning for the next generation

Impact on knowledge economy

- Generative AI tools are fast but frequently inaccurate and wrong
- Checking all generated content would undo the time gains
- By relying on generated content you are biased towards accepting it and not thinking critically yourself
- Therefore the quality of the work decreases

The hype

- Damage of the hype
 - Reinforcing systemic racism and biases
 - Phasing out of fossil fuels delayed irreversible impact on climate change
- The need has been created
- Ask yourself: who is driving this need?

Big tech companies are pulling the strings



Photo: Bengi Su / pexels

Inevitable?

- Just part of society these days?
- Just another tool?
- Unstoppable?

Or is it?

History has quite a few examples of individuals standing up to the "inevitable":

- Rosa Parks: "mother of the civil rights movement"
- Suffragettes
- Black Lives Matter
- Greta Thunberg and the Schools Strike



Highlights

GenAI tools in a nutshell

- Makes the most likely guess based on data it has been trained on and prompt
- No intelligence, no intent
- No notion of correctness:
 - Unreliable for summarising text
 - Unreliable for researching topics

GenAI tools: ethics

Lots of ethical issues relating to people and planet

- Theft of work/content
- Environmental issues
- Harm to data workers
- Biases

Don't believe the hype

- It's not genius it's just genius marketing
- It's not inevitable nothing is



What can you do?

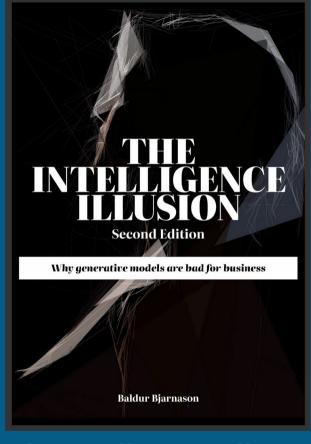
Consider:

- How does adoption of GenAI fit with the values of your organisation?
- With your values as an individual?

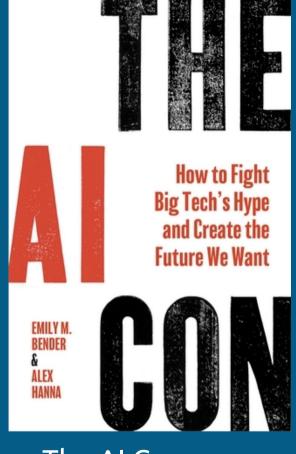
What can you do?

When commissioning work:

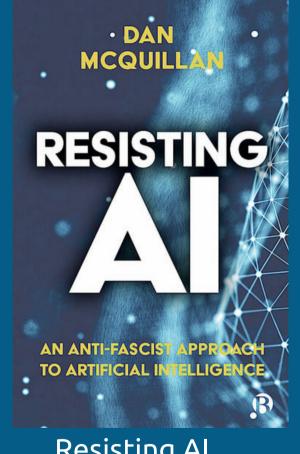
- Are you asking a volume of work that can only be done by using GenAI?
 What is the knock-on impact of GenAI biases and inaccuracies on your organisation's work?
- Should ethical considerations about GenAI be treated on a similar footing to Fair Work and Modern Slavery?



The Intelligence Illusion Baldur Bjarnason



The AI Con Emily M Bender & Alex Hanna



Resisting Al Dan Mcquillan



References

Full references can be found at

https://limited.systems/articles/demystifying-ai